

January 2019

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- January 10th Meeting
- S.A.F.E. Driving

Volume 14, Issue 1

2019 General Meeting Dates

Mark your Calendar!

January 10th Team Bowling Fun

Mt. Lebanon Lanes 1601 Washington Road

February 7th

IRC Residential –

IBC Commercial Codes

Place: TBA

March 14th HR Update

Place: TBA

April 11th ECM / IAQ Motors

Place: TBA

May 9th Tool Time

Place & Info: TBA

June 12th
Board Meeting Only



Air Conditioning Contractors Western Pennsylvania
If you wish to continue getting
our ACCWPA Newsletter, please
email your email address to:
accwpa@zoominternet.net

January 10th - Meeting

Join ACCWPA for an evening of fun, food and bowling!



When: Thursday, January 10th

Time: 5:30 - 8:00 pm

Bowling starts: 6:00 pm Sharp! Where: Mt Lebanon Bowling Lanes 1601 Washington Road, Pittsburgh, PA 16046 412-854-0600

\$40.00 per person; includes

2 drink coupons (non-premium drinks)
2 hrs. of unlimited bowling,
shoe rental, food

(chips & salsa, chicken tenders, pizza, dessert & unlimited soft drinks)

\$20.00 Gift Cards for ALL!

Put together your Teams –
Company Employees,
Family or Friends!
If you don't have a team, we will put
you on one!

3:00 pm - Board Meeting ◆ Beadling Club

Registration Flyer on page 3

Do you "Drive S.A.F.E. ?... by Federated Insurance

How often do you consider that there are far more serious consequences to unsafe driving than just getting ticketed? In most states, if you killed or injured someone because of distracted driving or playing a role in a road rage incident, you could be criminally charged. If that's not bad enough, these risky driving behaviors also put your loved ones in harm's way, whether or not they are even in the vehicle with you. Think about it: What would your loved ones do if your behind-the-wheel conduct resulted in your being seriously injured or killed in a car crash, or you are sent to prison because your actions contributed to another's injury or death? Bottom line: Poor driving decisions could ruin your freedom and tear your family apart.

At some point, everyone has made a poor driving decision: speeding to make up for lost time, reading an incoming text message, driving when too tired, or letting emotions take over when encountering a "crazy" driver.

The majority of all auto crashes can be traced back to four driving behaviors: Speed, Attention, Fatigue, and Emotion. Branded "Drive S.A.F.E.," Federated Insurance's driver awareness program helps business owners and risk managers call attention to these behaviors to help their employee drivers understand the risks each can present, and their resulting consequences.

Risky driving habits typically develop over time and can be hard to break. Keeping the S.A.F.E. factors in mind may help you overcome the temptation to engage in behind-the-wheel conduct that puts you and others in danger. Before each trip:

- Give yourself ample time to get where you're going. Not only does it feel good to be early and not rushed, you can significantly reduce your chances of being involved in a crash.
- Make a commitment to pay attention to the task at hand, mentally and physically. Be on the lookout for inattentive drivers and drive defensively.
- Get enough rest to help ensure peak mental awareness so you can react to hazards that may require split-second maneuvers.
- Remain in control of your emotions and act responsibly. Put space between you and motorists whose actions aren't sensible.

Drive S.A.F.E. has one goal: to help keep you and your loved ones out of harm's way. Please make it home safely today! For more information on all of Federated's risk management programs, contact your local marketing representative today, or visit our website.

This article is intended to provide general information and recommendations regarding risk prevention only and should not be considered legal advice. Following these guidelines does not guarantee reduced losses or elimination of any risks. This information may be subject to regulations and restrictions in your state. Qualified counsel should be sought regarding questions specific to your circumstances and applicable state or federal laws. © 2019 Federated Mutual Insurance Company. All rights reserved.

ACCWPA Corner



Integrity is the essence of everything successful.



SmartWords

"With the new day comes new strength and new thoughts"

> -Eleanor Roosevelt

Inspiration

BeLIEVE

IN Yourself



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\$20.00 Gift Cards for ALL!

Put together your Teams - Company Employees, Family or Friends! If you don't have a team, we will put you on one!



Register your team or yourself

4 adult bowlers per team • \$40.00 pp

RSVP by January 7th to: accwpa@zoominternet.net or
724-687-7860 fax



Company		
Names		
Email address	Cell #	

8 Tips for Preventing Accidents Bud Price

Most accidents are the result of three things:

- 1. Not recognizing hazards. Take the time to get the information you need to work safely so you are aware of all the potential hazards for your assigned task.
- 2. Not paying attention. Concentrate on what you are doing; get your mind off other things so you can see a problem coming.
- 3. Taking risks. Don't think you cannot get hurt and take chances, cut corners, and do other risky things.

That means you can prevent accidents by identifying hazards and taking precautions. Remember eight simple tips for preventing job accidents:

- 1. Work carefully and wisely—no rushing, no shortcuts.
- 2. Organize your work and plan each job before you start.
- 3. Remain alert for hazards while you work.
- Know what to do in an emergency.
- 5. Seek the information you need to start and complete the job safely.
- 6. Ask if there's anything you don't understand.
- 7. Focus on what you're doing and avoid distractions.

Examine tools and equipment to make sure they are in good condition

THREE IMPORTANT QUESTIONS

Here are three important questions to ask any time you carry anything:

- 1 Can I see over the object(s) I'm carrying?
- 2 Do I have a firm grasp of the load?
- Can I keep a hand free to open a door or use a handrail on the stairs?

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- Golf Outing
- Education opportunities for your technicians
- Advocacy agenda promote contractor interest
- · Labor and HR legal advice before utilities
- · Helping members to stay ahead of the curve
- 8 Monthly informative meetings



Upcoming Meetings!

2019

Meeting Topics! January 10th **Team Bowling Fun**

Mt. Lebanon Lanes 1601 Washington Road

February 7th

IRC Residential -**IBC Commercial Codes**

Place: TBA

March 14th **HR** Update

Place: TBA

April 11th **ECM / IAQ Motors**

Place: TBA

May 9th **Tool Time**

Place & Info: TBA

June 12th **Board Meeting Only**



Work Hard in Silence, Let Success make the Noise!



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ACCWPA

Wishing you the joy of family, the gift of friends, lots of joy, happiness, good health and the best of everything for the new year!"

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Please email the
ACCWPA Office with your correct email address.
accwpa@zoominternet.net

Every Job is a SELF-PORTRAIT

Of the Person who does it. Autograph your work with Excellence!

AUTHOR UNKNOWN





Indoor Environmental & Energy Professionals

Join ACCWPA for an evening of fun, food and bowling!



January 10th

Mt Lebanon Bowling Lanes
1601 Washington Road, Pittsburgh, PA 16046
412-854-0600
See Flyer on page 3

Executive Director:

accwpa@zoominternet.net

Pat Forker

ACCWPA Upcoming Events

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