

August 2018

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- ACCWPA Bowling Fun
- Golf Outing August 23rd

Volume 13, Issue 8

2018 General Meeting Dates

Mark your Calendar!

August 23, 2018
ACCWPA Golf Outing
QuickSilver

Sept. 13, 2018 TBA

Sept. 19, 2018 Community Svc Project

October 10, 2018 Turkey Trap Shoot

North Side Sportsman's Association Warrendale, PA

November 8, 2018 Hire Right!

Jeff Conley EG Conley PC & Business Performance Advisors

December 2018No Meetings



If you wish to continue getting our ACCWPA Newsletter, please email your email address to: accwpa@zoominternet.net

AUGUST 23rd - ACCWPA Golf Outing

Quicksilver Golf Club

2000 Quicksilver Road, Midway PA 15060 • 724-796-1594

August 23rd, 2018

10:30 a.m. – Registration 12:30 p.m. - Shotgun start

\$125.00 per golfer

(Texas Scramble, range balls, putting green, golf & cart, Hotdog/Soda at turn, Bar-B-Que dinner, cash bar, prizes)

\$40.00 per person

(Dinner Only / cash bar)

DRESS CODE: Golfers are required to wear appropriate golf attire. Tanks tops, tee shirts, blue jeans, athletic pants are swim ware are not permitted. Metal spikes are not permitted on the golf course or in the clubhouse. Respect for the golf course and fellow golfers is required. There are lockers, showers and towels for your use.

SIGN UP EARLY - Maximum number of golfers – 120

SUPER TICKET RAFFLE - \$25.00 includes a chance to win one of 3 VISA Gift Card(s) value \$250; \$150 and \$100 (special color ticket); Putting Contest after you come off #9 (prize Odyssey Putter donated by Johnstone Supply); Move up on par 5 hole to be announced (considered a mulligan); \$10 dollars of the \$25 goes to the 50/50 raffle (10 tickets). At dinner, you will be able to purchase more 50/50 tickets at \$10.00 for 10 tickets.

NOTICE: No Cancellations or Refunds after <u>August 15th</u>

Registration Flyer on page 9

MAY 10TH BOWLING!!!

Loads of FUN was had by all!

Top Scoring Team: Air-A Dave Williams Team



Low Scoring Team: Wade Heating Tram



Low Scoring Male: Todd Cox – Deckman



Low Scoring Female: Mimi Rauch – Valley Heating



ACCWPA Corner



Integrity is the essence of everything successful.



SmartWords

Action is the foundational key to all success.

Inspiration

BeLIEVE

IN **You**rself



ACCWPA APPRENTICESHIP PROGRAM

Registration is open for the 2018-2019 ACCWPA Apprentice Program

Registration Eligibility for 1st year classes.

Fall 2018 to Spring 2019

ACCWPA's classes will start September 11th at Pittsburgh Technical College (PTC)

This is a four-year program that combines 1400 hours of classroom and lab training with 8,000 hours of On the Job Training, (OJT). Upon completion, the successful student will be awarded an ACCWPA Diploma, PA State Journeyman's certificate, attain a CFC certification and NATE certification.

If you have a potential candidate for the upcoming school year or would like to learn more about the program join us at PTI to visit the school and get all the details needed for registration.

First year classes are designed for entry level students who may or may not have some field experience or formal training.

Visit our website at www.accwpa.org
For a full description brochure
Registration Form available by calling
ACCWPA Office 724-687-7860

Safety . . . Bud Price

SHARP MIND, SAFE WORKER

Keeping your brain sharp and focused on the challenges you face at work helps you learn, solve problems, and become more proficient in your job. It also helps you keep alert, stay safe, and avoid accidents. Here are some ideas from AARP and the Dana Alliance for Brain Initiatives about keeping your brain sharp.

Get regular exercise. Being physically active keeps your body and mind fit.

Eat a well-balanced diet rich in antioxidants and omega-3 fatty acids.

Get enough sleep. Sleep helps the brain remember and process information.

Remain involved and connected with friends and family and be active in the community.

Keep your brain challenged. Be a lifelong learner, welcome challenges, pursue new interests and experiences, read, and do puzzles that engage the mind.

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will continue to be your local industry partner, as we have been since 1950.

Annual Membership Brings You the Following Benefits:

- Networking events
- Discounts on seminar
- Current info from local suppliers Indoor Air Expo
- Legislative efforts
- · Local website
- Technical training courses
- Apprenticeship program State recognized
- · Monthly newsletter
- Information of industry news changes within the industry

- · Insurance for member's company discount
- Code enforcement updates Local lobbying
- Voice for the local contractors
- Golf Outing
- Education opportunities for your technicians office staff
- Advocacy agenda promote contractor interest
- · Labor and HR legal advice before utilities
- Helping members to stay ahead of the curve
- 8 Monthly informative meetings



August 23rd

Quicksilver Golf Club

See flyer on page 9! RSVP Now!

Upcoming Meetings!

August 23, 2018 **ACCWPA Golf Outing** QuickSilver

Sept. 13, 2018 TBA

Sept. 19, 2018 Community Svc. Project

October 10, 2018 **Turkey Trap Shoot**

North Side Sportsman's Association Warrendale, PA

November 8, 2018 Hire Right!

Jeff Conley EG Conley PC & **Business Performance** Advisors

December 2018 No Meetings



Work Hard in Silence, **Let Success** make the Noise!



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& TECHNOLOGY CENTER

LEA ANN FAIRALL, 724-746-2890

WESTERN AREA CAREER

& TECHNOLOGY CENTER

DR. DENNIS MCCARTHY, 724-746-2890

"Be There Fund"

(Must be an ACCWPA member to Win!)

September 2018: \$90.00

1525 Beaver Avenue Pittsburgh, PA 15233 P: 412.321.8300 F: 412.321.8306



201 Locust Street Youngwood, PA 15697 P: 724.925.9570 F: 724.925.9571



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Air Conditioning Contractors Western Pennsylvania

Safety - Heat Stress Is No Joke ... By Bud Price

Summertime Fun . . .

Swimming is a great summertime activity, but it can also be hazardous. Take these precautions to keep yourself and your family safe:

Never swim alone in open water, like a river or the ocean, where currents can be dangerous.

Don't try to fight a strong current; swim with it until it takes you to shore.

Whenever possible, swim within sight of a lifeguard.

Never let children swim alone, even in your own backyard pool.

Don't swim if you're tired or have had too much to drink.

Always know the depth of the water before diving.

Keep lifesaving equipment like a pole, a rope, and flotation devices by your pool.

Teach your children to swim before you allow them in the water.

Make kids wear flotation devices until you're sure of their swimming ability.

Make sure your backyard pool is fenced and the gate is locked when the pool is not in use.

Learn CPR if you have a pool. Practice rescues with your family.

Have a Safe Trip . . .

If your vacation will take you away from home this summer, take these safety and security steps before you leave.

Make sure the stove, other appliances, and computers are turned off. Double-check just before you leave.

Leave curtains and shades in their normal positions and use timers to turn lights on and off at normal hours.

Lock all doors and windows—even windows on the second floor. And don't forget the cellar!

Don't hide keys outside while you're away. Leave them with a neighbor.

Cut your lawn and arrange for another cut if you'll be away a long time.

Stop newspaper and mail deliveries or ask a neighbor to pick them up.

Leave your second car in the driveway so that it looks like someone's home.

If your vacation involves driving, take these safety steps before you hit the road.

Give your vehicle a safety inspection. Check oil, tires, etc.

Stow your vacation gear safely. Don't block visibility out the rear window. Secure items on a roof rack, and make sure bikes are secured on a bike rack.

Pack an emergency and first-aid kit.

Insist that all passengers buckle up— and stay buckled during the entire trip.

Avoid night driving—when most accidents occur, if possible.

Stop to rest every few hours and pull over to make calls or check maps.

Misc. Info

ACCWPA Newsletter and all notices:

If you wish to continue getting your ACCWPA
Newsletter in 2018
Please email the
ACCWPA Office with your correct email address.
accwpa@zoominternet.net

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Of the Person
who does it.
Autograph your
work
with
Excellence!

AUTHOR UNKNOWN







Indoor Environmental & Energy Professionals

Quicksilver Golf Club

2000 Quicksilver Road, Midway PA 15060 • 724-796-1594

August 23rd, 2018

See Flyer on page 9

Apprentice Registration is NOW OPEN!

Treasurer:

ACCWPA Upcoming Events

Sept. 13, 2018 TBA

Sept. 19, 2018 Community Svc. Project

October 10, 2018
Turkey Trap Shoot
North Side Sportsman's Association
Warrendale, PA

November 8, 2018 Hire Right! Jeff Conley

EG Conley PC & Business
Performance Advisors

December 2018 - No Meetings



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412-787-1341

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Rege Dumm, A-Air

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Chuck Rauch, Valley Heating and A/C 724-941-9793

Secretary:
Rob Champe, Shearer Heating & Cooling 724-222-1830

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 Steve Bichey, Johnstone Supply
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 Colleen Karnes, Standard Air & Lite
 412-920-6505

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Dave Williams, A-Air Company (ACCWPA Past-President)
Bob Boyle, J. A. Sauer
Bob Champe, Shearer Heating & Cooling
412-741-9420
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412-931-7200
724-222-1830

 Executive Director:

 Pat Forker
 Office/Fax
 724-687-7860

 accwpa@zoomintemet.net
 Cell
 412-760-5792





2000 Quicksilver Road, Midway PA 15060 • 724-796-1594 (Directions to Golf Course on the back)

August 23rd, 2018

10:30 a.m. – Registration ◆ 12:30 p.m. - Shotgun start

\$125.00 per golfer

(Texas Scramble, range balls, putting green, golf & cart, Hotdog/Soda at turn, Bar-B-Que dinner, cash bar, prizes)

\$40.00 per person (Dinner Only / cash bar)

DRESS CODE: Golfers are required to wear appropriate golf attire. Tanks tops, tee shirts, blue jeans, athletic pants are swim ware are not permitted. Metal spikes are not permitted on the golf course or in the clubhouse. Respect for the golf course and fellow golfers is required. There are lockers, showers and towels for your use.

SIGN UP EARLY - Maximum number of golfers – 120

SUPER TICKET RAFFLE - \$25.00 includes a chance to win one of 3 VISA Gift Card(s) value \$250; \$150 and \$100 (special color ticket); Putting Contest after you come off #9 (prize Odyssey Putter donated by Johnstone Supply); Move up on par 5 hole to be announced (considered a mulligan); \$10 dollars of the \$25 goes to the 50/50 raffle (10 tickets). At dinner, you will be able to purchase more 50/50 tickets at \$10.00 for 10 tickets.

NOTICE: No Cancellations or Refunds after August 15th

Make Check out to ACCWPA / mail check and registration form to or pay by credit card

Bob Champe ■ Shearer Heating & A/C Inc. 125 Old Plank Road ■ Washington, PA 15301 ■ 724-222-1830

PLEASE PRINT CLEARLY!

Golfers:		
Company:		
Email:	Cell #	

Directions to Quicksilver:

From Downtown

Take the Parkway West I-376 (toward the airport) to Route 22/30 Weirton exit. Proceed on Route 22 West approx. 7 miles and take the McDonald/Midway exit. Turn right at the stop sign onto Route 980 South. Go 2.5 miles and make a right onto Quicksilver Road.

From North Hills

Take I-279 South to downtown Pittsburgh and then follow the directions (above).

From South (I-79)/Bridgeville

Take I-79 North to Airport Exit, Route I-376 West. Proceed to Route 22/30 Weirton exit. Proceed on Route 22 West approx. 7 miles and take the McDonald/Midway exit. Turn right onto Route 980 South. Follow for 2.5 miles and turn right onto Quicksilver Road.

Alternate Route from Bridgeville

Take Route 50 West through Cecil. Turn right onto Route 980 North. In McDonald, turn left at the traffic light. At Stephenson Equipment Inc., turn right and go approx. 3 miles. Make a left onto Quicksilver Road.

From North (I-79)

Take I-79 South to Airport exit, Route I-376 West. Proceed to Route 22/30 Weirton exit. Proceed on Route 22 West approx. 7 miles and take the McDonald/Midway exit. Turn right onto Route 980 South. Follow for 2.5 miles and turn right onto Quicksilver Road.